



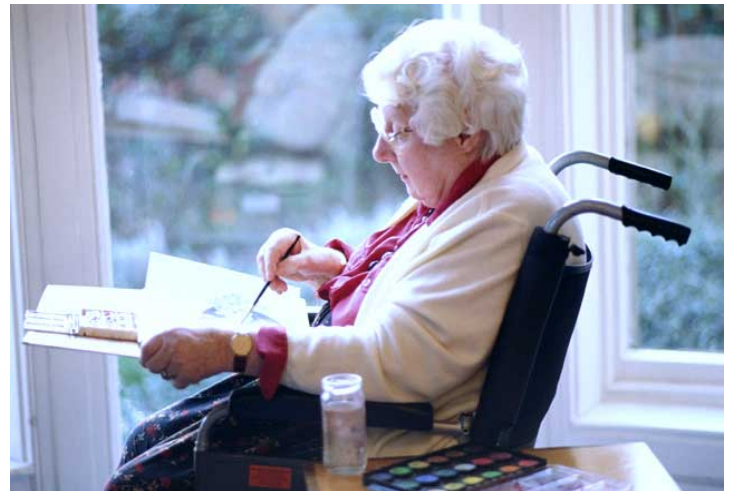
SHINE



Serving Health Insurance Needs of Elders

If you are disabled or over 64, SHINE can help you with:

- **Long-Term Care planning**
- **Medicaid**
- **Medicare**
- **Prescription Assistance**
- **Meals on Wheels**
- **Transportation Services**
- **Elder Abuse**



Services SHINE provides include:

- **Choosing** a managed care plan
- Deciding between original Medicare (fee-for-service) and managed care
- Understanding your new health plan choices
- How to **understand your Medicare bill**
- How/whether to purchase additional health insurance
- Understanding **how to appeal** payment denials
- Understanding your Medicare **rights/protections** and how to submit a complaint about medical care or treatment

- **Helping you** if you have been affected by the termination of MD Medicare Choice

To contact SHINE for personalized help:

- Call the Elder Helpline at **1-800-96-ELDER** (1-800-963-5337)
- Email us at information@elderaffairs.org.
- Or visit their information booth